



HYSAN Island Hike and Run 2022 (22km Solo Men & Women) Nov 13, 2022



Overall Ranking	Race #	First Name	Last Name	Team / Sponsor	CP 1	Split	CP2	Split	Finish Time	Cat Position	Category	Nationality
1	246	Lok Yin	Lo	-	1:06:28	0:33:32	1:40:00	0:35:03	02:15:03	1	Men 18-39	HKSAR
2	252	Mat	Leng	-	1:13:05	0:32:55	1:46:00	0:35:25	02:21:25	1	Men 40-49	Cambodia
3	178	Alan	Zagury	-	1:12:35	0:34:25	1:47:00	0:35:33	02:22:33	2	Men 40-49	France
4	230	Limbu	Yamanath	-	1:10:33	0:34:27	1:45:00	0:37:45	02:22:45	3	Men 40-49	Nepal
5	216	Labin	Gurung	Run Nepal HK	1:11:20	0:37:40	1:49:00	0:36:56	02:25:56	2	Men 18-39	Nepal
6	142	Ho Yin	Yeung	Altra Red Team Hong Kong	1:14:22	0:34:38	1:49:00	0:38:40	02:27:40	3	Men 18-39	HKSAR
7	251	Arnaud	Mauduit	-	1:15:00	0:36:00	1:51:00	0:37:08	02:28:08	4	Men 18-39	France
8	254	Matthew	Gay	-	1:16:32	0:37:28	1:54:00	0:37:20	02:31:20	5	Men 18-39	UK
9	140	Pak Ching Patrick	Chau	-	1:16:12	0:37:48	1:54:00	0:38:03	02:32:03	6	Men 18-39	HKSAR
10	239	Ho Ting	Chu	-	1:16:58	0:34:02	1:51:00	0:42:52	02:33:52	7	Men 18-39	HKSAR
11	258	Pierre	Marconne	-	1:18:40	0:37:20	1:56:00	0:38:43	02:34:43	8	Men 18-39	New Caledonia
12	226	thomas	croagh	-	1:20:02	0:37:58	1:58:00	0:39:35	02:37:35	9	Men 18-39	Jamaica
13	180	Louis	Montfort	-	1:12:16	0:37:44	1:50:00	0:48:58	02:38:58	10	Men 18-39	France
14	204	Mei yan	Wong	-	1:20:17	0:36:43	1:57:00	0:43:25	02:40:25	1	Women 18-39	HKSAR
15	183	Adrien	Semblat	-	1:22:38	0:41:22	2:04:00	0:43:28	02:47:28	4	Men 40-49	France
16	247	Gurung	Ishwor	-	1:24:14	0:41:46	2:06:00	0:42:01	02:48:01	11	Men 18-39	Nepal
17	191	Timothy	Couper	-	1:21:04	0:42:56	2:04:00	0:44:14	02:48:14	12	Men 18-39	UK
18	227	Erik	G	-	1:26:43	0:39:17	2:06:00	0:45:47	02:51:47	1	Men 50+	HKSAR
19	135	HO WANG HOWARD	CHAN	-	1:24:56	0:43:04	2:08:00	0:44:22	02:52:22	5	Men 40-49	HKSAR
20	187	Marc	Rafin	-	1:28:58	0:40:02	2:09:00	0:43:29	02:52:29	13	Men 18-39	France
21	233	Camille	Modiano	-	1:23:47	0:41:13	2:05:00	0:47:44	02:52:44	6	Men 40-49	France
22	126	Jean-Baptiste	COURREGES	CATCH	1:24:07	0:42:53	2:07:00	0:46:27	02:53:27	14	Men 18-39	France
23	115	alban	chatagnon	-	1:26:16	0:43:44	2:10:00	0:49:39	02:59:39	15	Men 18-39	France
24	240	Chris	Lai	-	1:27:44	0:44:16	2:12:00	0:47:57	02:59:57	2	Men 50+	HKSAR
25	255	Bo	Jiang	-	1:26:20	0:44:40	2:11:00	0:51:12	03:02:12	16	Men 18-39	HKSAR
27	259	Greg	Lowden	-	1:27:18	0:45:42	2:13:00	0:49:34	03:02:34	17	Men 18-39	UK
26	186	Paul	Yeung	-	1:30:57	0:45:03	2:16:00	0:49:39	03:05:39	7	Men 40-49	HKSAR
28	256	Bing Chuen	Lam	-	1:28:15	0:44:45	2:13:00	0:52:58	03:05:58	8	Men 40-49	HKSAR
29	189	roger	li	-	1:29:47	0:42:13	2:12:00	0:55:50	03:07:50	18	Men 18-39	HKSAR
30	174	Takazumi	Iwanabe	-	1:30:00	0:47:00	2:17:00	0:51:02	03:08:02	9	Men 40-49	Japan
31	196	Sian	O' Connor	-	1:31:39	0:43:21	2:15:00	0:54:55	03:09:55	1	Women 40-49	Ireland
32	185	Kenneth Wai Chi	Hui	-	1:33:04	0:42:56	2:16:00	0:54:38	03:10:38	19	Men 18-39	HKSAR
33	104	Chun Pong	Ho	-	1:37:00	0:47:00	2:24:00	0:48:12	03:12:12	20	Men 18-39	HKSAR
34	129	KWOK SHING	LEUNG	-	1:43:09	0:42:51	2:26:00	0:46:46	03:12:46	10	Men 40-49	HKSAR
35	171	Andrew	Dowell	-	1:35:06	0:47:54	2:23:00	0:49:50	03:12:50	3	Men 50+	US
36	163	Kristoffer	Harvey	-	1:31:12	0:45:48	2:17:00	0:59:09	03:16:09	11	Men 40-49	Australia
37	242	Kingsley	Wong	-	1:37:31	0:46:29	2:24:00	0:54:31	03:18:31	12	Men 40-49	HKSAR



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38	162	SIU LUN	CHEUNG	-	1:42:21	0:44:39	2:27:00	0:52:12	03:19:12	21	Men 18-39	HKSAR
39	141	Yau Kin	Wu	-	1:40:07	0:51:53	2:32:00	0:48:09	03:20:09	13	Men 40-49	HKSAR
40	108	Arnaud	Peyrin	-	1:33:30	0:46:30	2:20:00	1:00:56	03:20:56	22	Men 18-39	France
41	134	Tak Cheung	Ng	-	1:44:08	0:47:52	2:32:00	0:49:30	03:21:30	23	Men 18-39	HKSAR
42	260	Baranger	Etienne	-	1:38:13	0:47:47	2:26:00	0:58:27	03:24:27	14	Men 40-49	France
43	203	Mushtaq	Kapasi	-	1:43:35	0:49:25	2:33:00	0:53:11	03:26:11	15	Men 40-49	US
44	235	Delphine	Riche-Franz	-	1:46:10	0:49:50	2:36:00	0:51:32	03:27:32	2	Women 40-49	France
45	236	Sai Tung	Leung	-	1:39:45	0:50:15	2:30:00	0:57:33	03:27:33	16	Men 40-49	HKSAR
46	238	Kai Tung, Leo	Lee	-	1:42:25	0:50:35	2:33:00	0:54:45	03:27:45	4	Men 50+	HKSAR
47	125	Patrick	Schubert	-	1:40:08	0:51:52	2:32:00	0:57:17	03:29:17	24	Men 18-39	Germany
48	165	Ziwei Forrest	Jiang	-	1:44:20	0:55:40	2:40:00	0:50:39	03:30:39	25	Men 18-39	HKSAR
49	221	Qikun	Yao	-	1:40:55	0:51:05	2:32:00	1:00:22	03:32:22	26	Men 18-39	HKSAR
50	184	Sabrina	Lau	-	1:44:36	0:52:24	2:37:00	0:56:14	03:33:14	2	Women 18-39	HKSAR
51	224	Harry Hoi Lam	Tong	-	1:40:30	0:53:30	2:34:00	0:59:39	03:33:39	17	Men 40-49	HKSAR
52	109	Tat Keung	Tai	-	1:44:03	0:50:57	2:35:00	1:00:08	03:35:08	5	Men 50+	HKSAR
53	110	VARUN	RAZDAN	-	1:45:55	0:51:05	2:37:00	0:59:45	03:36:45	27	Men 18-39	India
54	237	Sebastien	HESRY	-	1:40:17	0:54:43	2:35:00	1:03:46	03:38:46	18	Men 40-49	France
55	243	Sheung	Yeung	-	1:32:38	0:47:22	2:20:00	1:21:34	03:41:34	6	Men 50+	HKSAR
56	214	Thierry	Chesnais	-	1:46:45	0:54:15	2:41:00	1:03:42	03:44:42	19	Men 40-49	France
57	192	Jackie	Wu	-	1:50:55	0:54:05	2:45:00	1:02:39	03:47:39	28	Men 18-39	China
58	121	Poming	LIANG	-	1:41:53	0:54:07	2:36:00	1:12:46	03:48:46	29	Men 18-39	HKSAR
59	250	Tsz Wing	Leung	-	1:56:06	0:53:54	2:50:00	1:01:53	03:51:53	20	Men 40-49	HKSAR
60	188	Vincent	Lee	-	1:56:12	0:54:48	2:51:00	1:01:33	03:52:33	7	Men 50+	HKSAR
61	253	Carl - Alex	Tornout	-	1:48:54	0:56:06	2:45:00	1:08:13	03:53:13	30	Men 18-39	Belgium
62	173	Donna 單	Jiang 蔣	-	1:52:36	0:55:24	2:48:00	1:05:39	03:53:39	3	Women 18-39	HKSAR
63	181	Kenzo	Ohashi	-	1:45:38	0:50:22	2:36:00	1:18:31	03:54:31	31	Men 18-39	Japan
64	153	Ling	Lau	-	1:48:42	0:57:18	2:46:00	1:08:40	03:54:40	1	Women 50+	HKSAR
65	127	Chung Ming	Yung	-	1:53:24	0:55:36	2:49:00	1:05:42	03:54:42	21	Men 40-49	HKSAR
66	213	Man Chung	Leung	-	1:49:01	0:53:59	2:43:00	1:12:40	03:55:40	22	Men 40-49	HKSAR
67	130	KWOK HUNG	LEUNG	-	1:53:28	1:01:32	2:55:00	1:03:07	03:58:07	23	Men 40-49	HKSAR
68	137	Olivia	Ashton	-	1:55:13	0:54:47	2:50:00	1:08:18	03:58:18	3	Women 40-49	Australia
69	241	Wenjun	Ruan	-	1:49:03	1:09:57	2:59:00	1:00:30	03:59:30	24	Men 40-49	HKSAR
70	157	CHUNG KWONG	KO	-	1:49:54	1:00:06	2:50:00	1:11:54	04:01:54	25	Men 40-49	HKSAR
71	136	Dean Anthony	Mackenzie	-	1:52:17	0:58:43	2:51:00	1:11:00	04:02:00	8	Men 50+	Australia
72	150	Jean	Mangubat	-	1:57:26	1:00:34	2:58:00	1:04:24	04:02:24	4	Women 18-39	Philippines
73	197	HUNG TRI	NGO	-	1:49:22	1:03:38	2:53:00	1:10:49	04:03:49	26	Men 40-49	Vietnam
74	215	Mark	Shuper	-	1:53:25	1:04:35	2:58:00	1:10:36	04:08:36	9	Men 50+	Canada



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75	167	Siu wai Charles	Chan	Bigpack	1:52:49	1:00:11	2:53:00	1:16:48	04:09:48	32	Men 18-39	HKSAR
76	117	Caleb	Acton	-	1:51:27	0:54:33	2:46:00	1:26:24	04:12:24	33	Men 18-39	US
77	232	Yu Cheong	Leung	-	2:00:35	1:02:25	3:03:00	1:09:28	04:12:28	27	Men 40-49	HKSAR
78	113	kevin	couton	-	2:01:37	0:59:23	3:01:00	1:15:54	04:16:54	34	Men 18-39	France
79	194	Dwayne	Brown	-	2:02:05	0:58:55	3:01:00	1:16:05	04:17:05	10	Men 50+	Canada
80	193	Elisabeth Marie Barbara	Grisoni	-	2:08:57	1:02:03	3:11:00	1:07:47	04:18:47	2	Women 50+	France
81	205	Janice	Tang	-	2:02:20	0:59:40	3:02:00	1:16:50	04:18:50	5	Women 18-39	HKSAR
82	207	Maria Norma	Abeto	Myself	2:07:14	1:02:46	3:10:00	1:09:18	04:19:18	4	Women 40-49	Philippines
83	170	Mark-nell Blanco	Santera	-	2:03:42	1:04:18	3:08:00	1:14:34	04:22:34	28	Men 40-49	Philippines
84	164	Michael	Chin	-	2:09:10	1:03:50	3:13:00	1:10:58	04:23:58	35	Men 18-39	HKSAR
85	166	Patrick	Lam	-	2:09:01	1:04:59	3:14:00	1:13:21	04:27:21	11	Men 50+	HKSAR
86	155	Mark C	Thomsen	-	2:10:36	1:01:24	3:12:00	1:15:21	04:27:21	36	Men 18-39	US
87	208	Nobuhiko	Yamagishi	-	2:03:33	1:04:27	3:08:00	1:24:30	04:32:30	29	Men 40-49	Japan
88	161	Likka	Tao	-	1:52:52	1:05:08	2:58:00	1:34:59	04:32:59	30	Men 40-49	HKSAR
89	145	Kenneth	Szeto	-	1:57:29	1:02:31	3:00:00	1:35:29	04:35:29	31	Men 40-49	HKSAR
90	234	Ka Shing	Lam	-	2:20:08	1:14:52	3:35:00	1:01:48	04:36:48	37	Men 18-39	HKSAR
91	114	William	Chiang	-	2:22:22	1:05:38	3:28:00	1:12:39	04:40:39	12	Men 50+	HKSAR
92	222	Hau Ming	Lee	-	2:13:50	1:07:10	3:21:00	1:21:50	04:42:50	13	Men 50+	HKSAR
93	169	Pock Man	YAU	-	2:08:46	1:11:14	3:20:00	1:23:43	04:43:43	38	Men 18-39	HKSAR
94	257	Neville	Lau	-	2:16:57	1:13:03	3:30:00	1:15:09	04:45:09	39	Men 18-39	HKSAR
95	128	Anthony	Siu	-	2:17:08	1:04:52	3:22:00	1:26:19	04:48:19	14	Men 50+	HKSAR
96	248	PT	Lam	-	2:17:16	1:09:44	3:27:00	1:22:14	04:49:14	3	Women 50+	Australia
97	245	Ming Chit	Sun	-	2:20:08	1:14:52	3:35:00	1:14:33	04:49:33	40	Men 18-39	HKSAR
98	244	Shiqin	Fu	-	2:16:38	1:07:22	3:24:00	1:25:43	04:49:43	5	Women 40-49	China
99	168	Kwan Tat	Wong	BIGPACK HK	2:10:26	1:11:34	3:22:00	1:30:01	04:52:01	41	Men 18-39	HKSAR
100	147	LIFENG	YANG	-	2:20:15	1:08:45	3:29:00	1:23:14	04:52:14	32	Men 40-49	China
101	198	Georgina	Manuel	-	2:15:29	1:08:31	3:24:00	1:29:07	04:53:07	6	Women 40-49	UK
102	199	Edward	Vinales	-	2:15:41	1:08:19	3:24:00	1:29:07	04:53:07	33	Men 40-49	UK
103	131	Wing Ki	LAI	-	2:14:40	1:12:20	3:27:00	1:28:57	04:55:57	15	Men 50+	HKSAR
104	182	Aureliu	Sindila	-	2:25:30	1:05:30	3:31:00	1:26:50	04:57:50	42	Men 18-39	Romania
105	220	Andrew Fenghao	Wang	-	2:25:32	1:07:28	3:33:00	1:24:50	04:57:50	43	Men 18-39	HKSAR
106	148	Kwok Kay	Chan	-	2:23:57	1:17:03	3:41:00	1:20:23	05:01:23	16	Men 50+	HKSAR
107	200	Kensuke	Ito	-	2:08:51	1:16:09	3:25:00	1:38:12	05:03:12	34	Men 40-49	Japan
108	202	Challande	Philippe	-	2:14:30	1:08:30	3:23:00	1:42:16	05:05:16	35	Men 40-49	France
109	190	Maurice	Humphries	-	2:10:50	1:18:10	3:29:00	1:55:48	05:24:48	17	Men 50+	UK
110	111	Ck	Chung	-	2:22:08	1:24:52	3:47:00	1:42:40	05:29:40	44	Men 18-39	HKSAR
111	106	Hoi Kwong	Wong	-	2:36:39	1:17:21	3:54:00	1:37:10	05:31:10	36	Men 40-49	HKSAR



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112	231	Sing Yip	Kwan	-	2:33:40	1:12:20	3:46:00	1:46:03	05:32:03	18	Men 50+	HKSAR
113	154	tanny	yu	-	2:48:15	1:21:45	4:10:00	1:24:25	05:34:25	19	Men 50+	HKSAR
114	120	Yasutaka	Kuga	-	2:39:04	1:16:56	3:56:00	1:47:32	05:43:32	20	Men 50+	Japan
115	133	Lomond	Chow	-	3:10:00	1:00:00	4:10:00	1:46:35	05:56:35	DNF(CP1)	Men 50+	HKSAR
116	122	Laura Jane	Ayres	-	1:05:41	0:38:19	1:44:00	-	-	DNF(CP2)	Women 18-39	UK
117	151	Chun kit	Chui	-	2:20:08	1:16:52	3:37:00	-	-	DNF(CP2)	Men 50+	HKSAR
118	172	WING SHING	LAM	-	-	-	1:54:00	-	-	DNF	Men 40-49	HKSAR
119	218	Antoine	EPINETTE	Uglove team	1:27:38	-	-	-	-	DNF(CP1)	Men 18-39	France
120	228	Harvey	Lee	-	2:05:44	1:22:16	3:28:00	-	-	DNF(CP2)	Men 50+	HKSAR
121	249	Magdalena Gomez Farias	Blasco	-	1:57:27	-	-	-	-	DNF(CP1)	Women 18-39	Mexico
122	101	Jim	Crockford	-	-	-	-	-	-	DNS	Men 40-49	UK
123	102	Megan	Richardson	-	-	-	-	-	-	DNS	Women 18-39	UK
124	103	Josephine	Hull	-	-	-	-	-	-	DNS	Women 40-49	UK
125	105	Hermann	Chan	-	-	-	-	-	-	DNS	Men 50+	HKSAR
126	107	Morgane	Halimi	-	-	-	-	-	-	DNS	Women 18-39	France
127	112	Armstrong	Leung	嶽虎	-	-	-	-	-	DNS	Men 18-39	HKSAR
128	116	Paul	McGarry	Goodman	-	-	-	-	-	DNS	Men 40-49	Australia
129	118	KAI CHEW	LAU	-	-	-	-	-	-	DNS	Men 50+	Singapore
130	119	Benoit	Mayer	-	-	-	-	-	-	DNS	Men 18-39	France
131	123	Ivan	AU	99	-	-	-	-	-	DNS	Men 40-49	HKSAR
132	124	Mak ham	Lam	99	-	-	-	-	-	DNS	Men 40-49	China
133	138	Kerensa	Choi	-	-	-	-	-	-	DNS	Women 40-49	UK
134	139	S Kit	Cheng	Salomon X The Overlander	-	-	-	-	-	DNS	Men 50+	HKSAR
135	143	SHING KEI	CHONG	-	-	-	-	-	-	DNS	Men 18-39	HKSAR
136	146	Ming Chit	Suen	-	-	-	-	-	-	DNS	Men 40-49	HKSAR
137	149	Wan Yee Diana	Tsang	-	-	-	-	-	-	DNS	Women 18-39	HKSAR
138	152	Raymond	Chow	-	-	-	-	-	-	DNS	Men 50+	HKSAR
139	156	Carl	Berrisford	-	-	-	-	-	-	DNS	Men 50+	UK
140	158	Hoi Sze	Kwok	-	-	-	-	-	-	DNS	Women 40-49	HKSAR
141	159	Charles-Henry	Dubey	-	-	-	-	-	-	DNS	Men 18-39	Switzerland
142	160	Jason	Jia	-	-	-	-	-	-	DNS	Men 40-49	Australia
143	175	Guillaume	Page	-	-	-	-	-	-	DNS	Men 18-39	Switzerland
144	176	Gump	Wong	Snail Sports	-	-	-	-	-	DNS	Men 40-49	HKSAR
145	177	Javier	Silvera	-	-	-	-	-	-	DNS	Men 40-49	Panama
146	179	Masahiro	Kawamura	-	-	-	-	-	-	DNS	Men 40-49	Japan
147	195	Chin yew	Seah	-	-	-	-	-	-	DNS	Men 50+	Singapore
148	201	大	Stirling	-	-	-	-	-	-	DNS	Women 40-49	Australia



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149	206	James	Mitchell	-	-	-	-	-	-	DNS	Men 18-39	New Zealand
150	209	Edward	Wong	-	-	-	-	-	-	DNS	Men 40-49	HKSAR
151	211	Storme	Desvaux de Marigny	-	-	-	-	-	-	DNS	Men 18-39	South Africa
152	217	bimalkaji	rai	Run Nepal HK	-	-	-	-	-	DNS	Men 18-39	Nepal
153	219	MARK	GIBBONS	RECOIL	-	-	-	-	-	DNS	Men 40-49	UK
154	223	Jason	Lam	SHELTER Run Club	-	-	-	-	-	DNS	Men 18-39	HKSAR
155	225	YUNG WEI NICOLE	WONG	Greenobo	-	-	-	-	-	DNS	Women 18-39	HKSAR